

Module Details	
Module Title	Mental Distress across the Life Course
Module Code	SOW5010-B
Academic Year	2024/5
Credits	20
School	School of Social Sciences
FHEQ Level	FHEQ Level 5

Contact Hours	
Type	Hours
Directed Study	164
Lectures	30
Tutorials	6

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Semester 1

Module Aims
<ul style="list-style-type: none"> * To enable you to understand a range of mental health issues affecting people across the life span including children and young people, people of working age and older adults and to recognise the impact of culture, ethnicity, gender, sexuality on mental health; * To understand different models of mental health and the range of professionals and services that may be involved in offering support; * To be aware of the relevant policy & legislative frameworks; * To contribute to assessment, planning and intervention in work with people who have mental health needs, including situations involving risk; * To work to promote wellbeing and recovery; * To be able to promote the rights of people that use social work services and to challenge oppression and discrimination.

Outline Syllabus
Mental Health through the lifespan; policies, & legislation; social and medical models; recovery; the perspectives of people with lived experience; rights; community care; assessment & care planning; managing risk; multidisciplinary, interagency and multiagency working; user involvement and participation including user-led services; impact of culture, race, gender, sexuality & social class; mental health & substance / alcohol use; adult mental health & child welfare; mental health of children & young people.

Learning Outcomes	
Outcome Number	Description
01	Demonstrate a critical understanding of key theoretical approaches, relevant legislation and policy that underpin effective mental health work;
02	Understand the contribution of social work and social care services to mental health;
03	Analyse the contribution of economic, political, cultural and issues to mental health and the impact of stigma and discrimination on people experiencing mental health difficulties.
04	Demonstrate a critical understanding of the common principals and nuanced appreciation that underpin mental health care planning across the life course
05	Assess human situations, taking into account a variety of factors (including the views of users, theoretical concepts, research evidence, legislation and organisational policies and procedures);
06	Consider specific factors relevant to social work and social care practice (such as risk, rights, cultural difference and linguistic sensitivities, responsibilities to protect vulnerable individuals and legal obligations).

Learning, Teaching and Assessment Strategy
<p>Lectures, seminars, group work and case discussions, guest speakers will form the basis of the teaching and learning strategy for this module.</p> <p>You will be assessed by an essay and a group presentation. The group presentation for this module will be organised and delivered wholly online. Both elements require a pass at 40 or above in order to pass the module overall.</p>

Mode of Assessment			
Type	Method	Description	Weighting
Summative	Coursework - Written	Essay 2000 words (Must Pass at 40%)	70%
Summative	Presentation	Group Presentation 10 Mins; SUPPLEMENTARY Individual reflection 1000 words (must pass at 40%)	30%

Reading List
To access the reading list for this module, please visit https://bradford.rl.talis.com/index.html

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.

