

Module Details	
Module Title	Psychological Life Skills and Employability
Module Code	PSY6011-B
Academic Year	2024/5
Credits	20
School	School of Social Sciences
FHEQ Level	FHEQ Level 6

Contact Hours	
Type	Hours
Lectures	12
Laboratories	60
Directed Study	128

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Academic Year

Module Aims
<p>This module is intended to provide you with support, feedback and supervision in an applied setting. This module provides you with a structured opportunity for professional development. The module is defined as a period of work for practical experience as part of an academic programme. This module prepares you to participate with professionals in applying the principles of psychology. It teaches professional standards and helps you to develop personal standards.</p>

Outline Syllabus

Knowledge of anti-discriminatory principles and practice.

- Communicating effectively.
- Problem solving and reasoning.
- Self-management including time-management and willingness to take responsibility for thoughts and actions.

- Understanding independent learning and critical self-reflection as a basis for personal development and life-long learning. - Supportive peer collaboration and constructive criticism. - Evaluating personal strengths and weaknesses in a professional setting. - Increasing skills and reflection on academic and personal development - The evaluation of progress and performance in relation to long term academic and career progression. - Working cooperatively and effectively within a professional setting. - Demonstrate and integrate knowledge of diversity, professional ethics, and organizational policies. - Incorporating theory, skilled practice and applied experience into a written personal framework. - Assessing personal assets, limitations, and reactions to theories and develop an initial personal philosophy of counselling and how people change. - The identification of attitudes, values, and beliefs which, according to selected theories, facilitate change and growth. - Comprehend the need for an ethical framework for good practice in counselling and the awareness of personal strengths and limitations as they affect professional development. - Learning a critical appreciation of role responsibilities. - Use of supervision and health and safety issues surrounding practical applications.

Learning Outcomes

Outcome Number	Description
01	a) demonstrate knowledge of psychological life and employability skills analysis and development; b) demonstrate knowledge of experiential learning in the context of reflective self-evaluation; c) demonstrate knowledge of specific skills which may be brought to bear and developed in the context of the placement.
02	a) use self-evaluation and reflection to consider psychological life and employability skills in relation to yourself; b) use your own experiential learning to recognise strengths and areas for development; c) be able to plan action to improve your own life and employability skills.
03	a) communicate ideas effectively using a range of means; b) be computer literate for the purposes of furthering your own learning and in the analysis and presentation of ideas; c) approach problem solving in a systematic way; d) participate in and be aware of contextual and interpersonal factors in groups and teams; e) recognise the need to assess your own skills and to harness them for future learning; f) recognise some of their own strengths as well as areas for development with regard to employability..

Learning, Teaching and Assessment Strategy

Teaching will be undertaken by short lectures, whole class discussion, group work and workshops (LOs 1a-c, 2a-c, 3a-f). The practical experience will take place at an appropriate approved setting that is supervised in a professional environment. In exceptional circumstances students may accumulate hours by related placement activities, such as CPD development or a relevant work-related project. Formal lectures will be held during the first few weeks of the semester. You will be allowed to begin accumulating hours for your practicum placement after the formal paperwork has been submitted. Attendance is summative and you need to meet a minimum of 60 hours to pass this component. If you are not able to meet the hours within the parameters of this module, you will be given another opportunity the following academic year. Learning will occur in formal lectures, peer learning sets, group and one-to-one supervision and by independent study and reflection. Formal lectures will be used to process practicum health and safety forms, contracts between the student, university and placement, learning of communication skills and professional issues and ethics. The learning outcomes will be assessed by in-class assessment, practicum hours, and professional development paper. Learning outcomes 2a-c will be assessed by the placement hours. Learning outcomes 1a-c and 2a-c will be assessed in the reflection review.

Mode of Assessment			
Type	Method	Description	Weighting
Summative	Coursework - Written	Essay/reflective based on research, supervised placement hours and personal reflection 0-2000 words	100%
Summative	Attendance requirement	Accumulation of supervised hours in placement - 60 - 75 hours	0%

Reading List
To access the reading list for this module, please visit https://bradford.rl.talis.com/index.html

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.

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