

Module Details	
Module Title	Integrated Approaches to Mental Health Across the Lifespan
Module Code	NUR6504-B
Academic Year	2024/5
Credits	20
School	School of Nursing and Healthcare Leadership
FHEQ Level	FHEQ Level 6

Contact Hours	
Type	Hours
Lectures	31
Directed Study	34.5
Independent Study	170.5
Fieldwork	7
Seminars	13

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Academic Year
BDA	University of Bradford / Semester 1

Module Aims
<p>The aim of this module is to develop a working knowledge of determinants of mental health across the lifespan. The aim of the module is to prepare to be able to demonstrate the ability to apply an evidence-based bio-psychosocial approach to mental health care. This will enable you to deliver high quality care in partnership with other professionals and service users and their families.</p>

Outline Syllabus

Develop a working knowledge of the determinants of mental health during infancy considering infant mental health, attachment and play therapy.

Understand the impact of adversity, painful experiences, and trauma in childhood.

Understand the impact of Adverse Childhood Experiences and common childhood conditions upon mental health.

Develop a working knowledge of the determinants of mental health during adolescence considering social, physical and emotional changes in young people, and contemporary challenges to wellbeing.

Understand the theory related to eating disorders, psychosis, personality disorder, suicide, and self-harm.

Develop a working knowledge of the determinants of the adult experience of mental health considering the perinatal period, addiction disorders, and mental health in the midlife.

Develop a working knowledge of the determinants of the older adult experience of mental health considering the experience of aging, dementia, and suicide in the elderly.

Learning Outcomes

Outcome Number	Description
01	Discuss the differing mental health needs of service users at different points in the lifespan.
02	Contrast the biological, psychological, and social influences on mental health throughout the life span with reference to the literature
03	Analyse the function and skillset of the mental health nurse in meeting diverse individual need across the lifespan with reference to practice.
04	Critically evaluate the interplay of local / national policy on care provision.
05	Critically analyse evidence-based nursing interventions to manage an acutely unwell person with mental health needs.

Learning, Teaching and Assessment Strategy

Research based key lectures will provide you with the opportunity to develop your knowledge of determinants of mental health across the lifespan, from birth to end of life.

Seminars, workshops, and online discussion groups will provide you with the opportunity to consolidate your knowledge and critically engage with current best evidence to support your professional development and to apply your learning to clinical practice.

Field work will enable you to engage in interagency learning opportunities from third sector bodies, and input from service users will give you the opportunity to contextualise your learning in real life experience.

You will be expected to utilise appropriate digital technologies and study skills to engage with additional resources directed by the module team, and in independently directing your own learning. Learning objects will involve allocated time within the module for students to engage with specific packages of learning.

The module is summative assessment for the module is a single written essay, which must be passed at 40%.

Mode of Assessment			
Type	Method	Description	Weighting
Summative	Coursework - Written	Essay (2000 words)	100%

Reading List
To access the reading list for this module, please visit https://bradford.rl.talis.com/index.html

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.

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